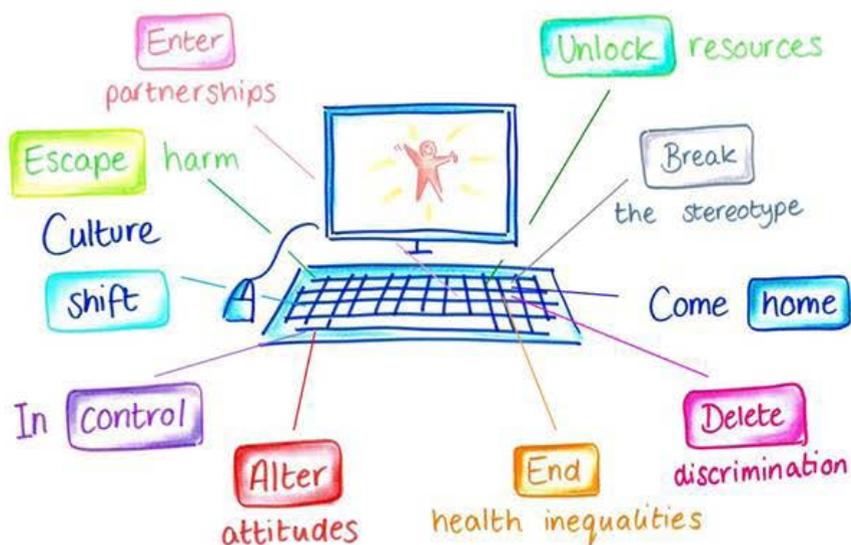


The keys to life

Improving quality of life for people with learning disabilities



IMPLEMENTATION FRAMEWORK

AND PRIORITIES 2015-2017

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People with learning disabilities, their families and carers have the right to be valued as individuals and lead fulfilling lives. They have the right to contribute to Scotland's economy, access and participate in their communities and benefit from a fair and inclusive society.

This document outlines the implementation framework for delivering The Keys to Life ~ Scotland's Learning Disability Strategy. It sets out our vision, expected outcomes and highlights key themes to focus delivery during 2015/17. This approach has been welcomed by key stakeholders, including COSLA.

It reflects the **key messages** we have had from people with learning disabilities about what is most important to them in implementing The Keys to Life recommendations.

The Keys to Life vision recognises that people and communities make change happen. I believe that by focusing our efforts on the strengths and assets of individuals, putting individuals at the heart of what we do and working collaboratively we will see real transformative change.



This framework and plan will help us achieve that together.

Jamie Hepburn

*Minister for Sport,
Health Improvement and Mental Health*

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“Learning disability shouldn’t come into it, everyone should be accepted for who they are”

Member of The Keys to Life national group

The Voice of
People with
Learning
Disabilities

The Keys to Life strategy highlights the key things that people with Learning Disabilities have told us are important to having a good life.

Significant progress has been made since publication of the strategy in 2013. The voices of people with learning disabilities are being heard and remain at the heart of the strategy’s implementation. People with learning disabilities are equal partners in the successful implementation of the strategy. By valuing the strengths of individuals and communities we will succeed in implementing real and lasting transformative change.



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The Vision

Our Vision for people with learning disabilities is rooted in the Scottish Government's ambition for all citizens.

This framework recognises the value of building on the assets of individuals and communities. It acknowledges the mutual benefits to be gained from connecting their contribution to Scotland's economy and society.

Creating the right conditions is key to ensuring change. Our plans are based on what we know about the experiences of people with learning disabilities. This is the first step to strengthening collaboration, building coalitions and ensuring that the necessary data is available to drive a programme of sustainable change.

Our vision is that all citizens of Scotland who have learning disabilities live longer, healthier lives; are supported to **Participate** fully in all aspects of society; **Prosper** as individuals and are valued contributors to a **Fair** and equal Scotland.



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The implementation framework has four strategic outcomes. These outcomes relate to the United Nations Convention on the Rights of People with Disabilities. Our delivery plans will be designed to help us achieve these outcomes.

Strategic Outcomes



A Healthy Life: People with learning disabilities enjoy the highest attainable standard of living, health and family life.



Choice and Control: People with learning disabilities are treated with dignity and respect, and protected from neglect, exploitation and abuse.



Independence: People with learning disabilities are able to live independently in the community with equal access to all aspects of society.



Active Citizenship: People with learning disabilities are able to participate in all aspects of community and society.

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During the first two years of the strategy's life a lot of work has already been happening. There is a lot more to do.

The implementation framework will help us involve the whole of the Scottish Government to deliver change.

The framework also includes a commitment to use human rights based methods to delivery including the **PANEL** principles and the **FAIR** approach.

The **PANEL** principles are:

- **P**articipation
- **A**ccountability
- **N**on-discrimination and equality
- **E**mpowerment and
- **L**egality



The **FAIR** approach has four basic steps:

- Understand the **F**ACTS
- **A**NALYSE the rights
- **I**DENTIFY responsibilities
- **R**EVIEW actions

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Transformative change will depend on engaged stakeholders and partners sharing good practice and working together. Individuals and communities have diverse experiences and different needs that require a knowledgeable, skilled and motivated workforce.



Policy teams across the Scottish Government

The Learning Disabilities policy team is responsible for co-ordinating the delivery of the strategy. It will work in partnership with a wide range of other policy teams across Government to ensure successful delivery.

Strategic partners and delivery partners

Key strategic partners who will help with delivery include the Scottish Consortium for Learning Disability (SCLD) and the Scottish Learning Disabilities Observatory (SLDO). Delivery partners will include integrated joint boards, health boards, local authorities and third sector organisations who work with people with learning disabilities.



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Priorities
2015-2017

Strategic Outcome 1

A Healthy Life:

People with learning disabilities enjoy the highest attainable standard of living, health and family life.



Reducing the stark health inequalities people with learning disabilities face is a key priority within the strategy. Without good health, people with learning disabilities are unable to contribute to or participate in their communities.

What we have achieved:

- Invested in the creation of the Scottish Learning Disabilities Observatory at the University of Glasgow
- Funded a wide variety of health improvement activity, including projects in physical activity, oral health, healthy eating and palliative care
- In partnership with the Scottish Consortium for Learning Disabilities developed the revised Scottish Good Practice Guidelines for Supporting Parents with a Learning Disability
- Commissioned ENABLE (Scotland) to develop emergency planning for carers

What we will do next:

- Take steps to ensure that people with learning disabilities are visible in routinely collected health and social care data
- Complete a data linkage pilot partnership with SCLD, SLDO and NHS National Services Scotland
- Further support the development of effective physical activity interventions
- Develop effective interventions for parents who have learning disabilities
- Work in partnership with policy and strategic partners to implement the palliative care pathway

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Priorities
2015-2017

Strategic Outcome 2

Choice and Control:

People with learning disabilities are treated with dignity and respect, and protected from neglect, exploitation and abuse.



Research has shown that people with disabilities are almost twice as likely to be victims of violence as non-disabled adults¹. People with learning disabilities are also far more likely to experience Hate Crime². Every person with learning disabilities has a right to respect for his or her physical and mental integrity on an equal basis with others³.

What we have achieved:

- Supported a variety of projects to investigate Hate Crime experienced by adults with learning disabilities
- Commissioned the development of resources to tackle bullying in schools experienced by young people who have learning disabilities

What we will do next:

- Develop effective interventions to tackle Hate Crime
- In partnership with policy colleagues identify solutions to ensure people with learning disabilities are visible in Hate Crime data
- Invest in further development of resources to tackle bullying
- Work with strategic partners to ensure scrutiny of our health, social and third sector services
- Work in partnership with advocacy partners to ensure the voice of people with learning disabilities is heard

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Priorities
2015-2017

Strategic Outcome 3

Independence:

People with learning disabilities are able to live independently in the community with equal access to all aspects of society.



People with learning disabilities experience barriers accessing community facilities. These can be physical barriers and/or attitudinal barriers. Having the right support, accessible information and transport and a knowledgeable workforce to deliver services are important aspects of an independent life.

What we have achieved:

- Supported partners to deliver:
 - > over 100 changing places facilities across Scotland
 - > the Achieving Better Communication (ABC) skills development programme
 - > training in Talking Mats to health and social care staff
- Continued support to our strategic partner, SCLD, to deliver a programme of training solutions
- Worked in partnership with colleagues across Criminal Justice—Supporting Offenders with Learning Disabilities (SOLD)

What we will do next:

- Work in partnership with colleagues in the accessible transport policy team to develop shared outcomes
- Provide additional resources to develop the skills and competency of the health and social care workforce
- Support access to the creative arts for people with learning disabilities
- Explore alternative models to out of area placements for people with complex care needs
- In partnership with Self Directed Support policy colleagues, influence the variety of providers and support available to meet personal outcomes for people with learning disabilities

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Priorities
2015-2017

Strategic Outcome 4

Active Citizenship:

People with learning disabilities are able to participate in all aspects of community and society.



The collective resources that individuals and communities have can protect and develop wellbeing and resilience⁴. Developing the capacities and capabilities of people with learning disabilities and communities by opportunities for inclusion and participation will enable people with learning disabilities to be better connected and in control.

What we have achieved:

- Supported people with learning disabilities to contribute to Scotland's economy through a range of supported employment models
- Commissioned a range of friendship initiatives aimed at reducing social isolation
- Continued investment in assets based Local Area Co-ordination
- Funded the development of the updated Principles of Good Transitions Guidance for professionals working in pre to post school transitions and beyond

What we will do next:

- Contribute to relevant outcomes across key policy areas to further develop employment opportunities for people with learning disabilities
- Facilitate innovative social connectedness and employment opportunities for people with learning disabilities
- Review assets based, person centred approaches which optimise choice, control and independence including Local Area Co-ordination and day opportunities

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